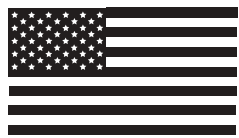


JUNE/JULY 2004

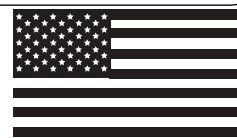
SUNRISE SENIOR CENTER

10650 West Oakland Park Boulevard (954)746-3670

Activities



Happy Independence Day!



Special Events, Seminars & Classes

Remember When

Wednesday, June 2

The Remember When Cookbook

Our goal is to create the "Remember When Cookbook" with 20 or so old time favorites. Bring in your favorite recipes to share. The individual's recipe that is used for this cookbook will receive a copy of the book when it is completed. We can all add a little bit of this and a little bit of that to create a masterpiece. Class begins at 2:00 p.m.

Krafty Korner

Friday, June 18

Magnetic Masks

Design your own pair of miniature masks. They are perfect for displaying or giving as a gift. The class is \$5.00 for members, \$7.00 for non-members. Class begins at 9:30 a.m. Sign up now.

Green Thumbs

Wednesday, June 23

A Garden Right From Your Kitchen

Did you know you could plant a garden right in your kitchen? During this class, begin your own garden from kitchen scraps. Grow fruit & vegetable plants right in your kitchen. Class begins at 10:30 a.m. Sign up begins Tuesday, June 1, and costs \$1.00 for members. Non-members may sign up beginning Tuesday, June 8.

Wednesday, July 28

Potpourri Topiary Keepsake

Create a beautiful potpourri topiary that will add a fresh smell & great look to your home. During the class learn the history of potpourri & its many uses. Class begins at 10:30 a.m. Sign up begins Thursday, July 1 and costs \$1.00 for members. Non-members may sign up beginning Thursday, July 8.

Book Review

Friday, June 25

"Her Father's House" by Bella Plain

A tale of fathers & daughters, lovers & families, acts of love & acts of betrayal. This story will keep you riveted to your seat. The book review begins at 9:30 a.m. Bring a friend & stay out of the heat.

Friday, July 23

"Split Second" by David Baldacci

An explosive story of careers shattered, lives lost, and worlds changed forever. The book review begins at 9:30 a.m. Bring a friend.

LOOKING AHEAD...

Monday, August 9

Lunch Bunch

Join your friends for a delicious kosher hot dog with all the fixings at 11:30 a.m. Sign up begins, Thursday, July 1. Space is limited so don't miss out. Cost is \$1.00 for members only.



MONDAY		TUESDAY		WEDNESDAY	
9:00 a.m. - 12:00 p.m. Sunrise Woodcarvers <i>Arts & Crafts Room</i>		9:30 a.m. - 11:00 a.m. Open Computer Lab <i>Classroom (Concludes July 27)</i>		10:30 a.m. - 11:30 a.m. Current Events <i>Classroom</i>	
10:30 a.m. - 11:30 a.m. Current Events <i>Classroom</i>		9:30 a.m. - 12:00 p.m. Mah Jongg Class <i>Burgundy Room B (Concludes June 29)</i>		12:00 p.m. - 3:00 p.m. Bridge (Open Play) <i>Burgundy Room A & B</i>	
1:00 p.m. - 3:00 p.m. Arts & Crafts <i>Arts & Crafts Room</i>		9:30 a.m. - 10:30 a.m. Stretchersize & Hand Weight Training <i>Burgundy Room B</i>		New Release Tuesday Movies (continued)	
Monday Classic Movies		12:30 p.m. - 3:30 p.m. Mah Jongg (Open Play) <i>Burgundy Room B</i>			
<i>Enjoy classic movies at 12:30 p.m. in Burgundy Room</i>		1:00 p.m. - 3:00 p.m. Beginners Computer Class <i>Classroom (Concludes June 16)</i>		June 8 Searching for Paradise Susan Pratt & Chris Noth 1 Hr, 30 Min (Rated R)	
June 7 The Plainsman Gary Cooper & Jean Arthur		SPECIAL EVENING HOURS 6:00 p.m. - 9:00 p.m. <i>Open Game Room</i>		June 15 Something's Gotta Give Jack Nicholson & Diane Keaton 2 Hrs (Rated PG)	
June 14 The Cowboys John Wayne & Roscoe Lee Brown		6:00 p.m. - 9:00 p.m. Woodcarving <i>Arts & Crafts Room</i>		June 22 Secondhand Lions Michael Caine & Robert Duvall 2 Hrs (Rated PG)	
June 21 Kismet Howard Keel & Ann Blyth		6:30 p.m. - 8:30 p.m. Beginners Computer Class <i>Classroom (Concludes July 13)</i>		June 29 Love Actually Hugh Grant & Liam Neeson 2 Hr, 15 Min (Rated R)	
June 28 It Started with Eve Deanna Darbin & Charles Laughton		7:00 p.m. - 9:00 p.m. Twilight Dance <i>Burgundy Room</i>		July 6 Calendar Girls Helen Mirren & Julie Walters 1 Hr, 50 Min (Rated PG)	
July 5 Rage In Heaven Robert Montgomery & Ingrid Bergman		New Release Tuesday Movies		July 13 Master & Commander Russell Crowe 1 Hr, 40 Min (Rated PG)	
July 12 The Black Swan Tyrone Power & Maureen O'Hara		<i>Enjoy new release movies at 12:30 p.m. in Burgundy Room A</i>		July 20 In the Cut Meg Ryan, Jennifer Jason Leigh 2 Hrs (Rated R)	
July 19 The Black Stallion Mickey Rooney & Kelly Reno		June 1 Runaway Jury Gene Hackman & Dustin Hoffman 2 Hrs (Rated PG-13)		July 27 Mystic River Sean Penn & Kevin Bacon 2 Hrs, 15 Min (Rated R)	
July 26 100 Rifles Jim Brown & Raquel Welch					

The Sunrise Senior Center is closed on Saturday and Sunday.

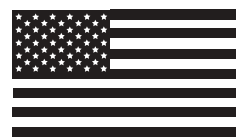
THURSDAY

FRIDAY

TRIP & TICKET POLICIES

TURN THE PAGE FOR INFORMATION ON OUR JULY & AUGUST TRIPS!

- When purchasing tickets, please indicate the full name of your guest.
- When you are called about a food choice for a trip, you must return the call within 2-3 days, otherwise a choice will be made for you.
No changes can be made 7 days prior to the trip or at the restaurants.
- Trips departing before 3:30 p.m. leave from the Civic Center east parking lot.
- If you purchase a ticket and later sell or give it to someone you must contact a Senior Center staff member to make a name change on our master roster.
- A Group Leader is available on most trips. In their absence, the Bus Driver will act as Group Leader. The Group Leader checks all participants in and assists in providing you with the best possible experience.
- Please occupy the same bus seat on the way to and from an event.
- Members **MUST** be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card.
- You may purchase one additional ticket (at the higher guest price) for each member ticket purchased. Two tickets maximum per person.
- No tickets will be sold before the published sale date. Sales commence at 9:00 a.m.
- Current I.D. cards must be presented for any transaction.
- Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.
- No membership renewals or new members will be accepted on the morning of ticket sales.
- Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.



**Happy
Independence
Day!**

9:30 a.m. - 10:30 a.m.

Senior Trivia

Arts & Crafts Room

10:00 a.m. - 12:00 p.m.

Line Dancing

Burgundy Room A

1:00 p.m. - 3:00 p.m.

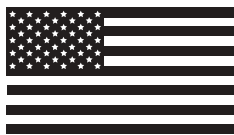
Gametime

Burgundy Room B

1:00 p.m. - 3:00 p.m.

Bereavement Support Group

Burgundy Room B



9:30 a.m. - 10:30 a.m.

Senior Aerobics

Burgundy Room A

10:00 a.m. - 11:00 a.m.

Friendship Connection

2nd & 4th Fridays, Classroom

12:00 p.m. - 1:00 p.m.

Pan Lessons

Arts & Crafts Room

1:00 p.m. - 2:30 p.m.

Bingo

Burgundy Room B

1:30 p.m. - 3:30 p.m.

Beginners Painting

Arts & Crafts Room

(Concludes June 25)

IMPORTANT INFORMATION & UPCOMING EVENTS

Barrier Free Housing Lectures

Monday, June 14

Let us help you discover ways to make your home safe and barrier free. A representative will be here to explain the City of Sunrise Barrier Free Housing Program, which promotes independent and accessible living.

All lectures are held from 1:00 p.m. to 2:00 p.m. Sign up now.

Voting Machine Education

Thursday, June 24

A Representative from the Broward County Supervisor of Elections Office will be at the Senior Center from 10:00 a.m. to 1:00 p.m. with a voting machine to provide individual instruction to familiarize you with the operation of the voting machine.

Mammovan

Tuesday, June 8 & Tuesday July 13

The American Cancer Society recommends a baseline mammography for women between the ages of 35-40 and then a routine annual mammography every year after the age of 40. A mobile mammography unit from the North Broward Hospital District is available on various dates in the Sunrise Senior Center parking lot at 10650 West Oakland Park Boulevard to provide routine mammography screening for people ages 35 and up. The exam fee is \$55.00 and they will accept insurance coverage for payment (no HMO's please). Please call (954) 746-3670 for an appointment or for further information.

JUNE TRIP REMINDERS

Brazilian Tropicana

Date: Sunday, June 6

Time: 4:45 p.m. - 11:00 p.m.

Cost: Sold Out

Florida Marlins vs. Chicago White Sox

They're back! The World Champs will be taking on the Chicago White Sox right here in our hometown. Don't miss the action.

Date: Tuesday, June 15

Time: 5:00 p.m. - 10:00 p.m.

Cost: Members \$15/ Guests \$17 Call for availability

Bayside and the Island Queen

Visit fabulous shops at Bayside followed by a delicious lunch at Snappers. Then board the Island Queen for a 90-minute guided tour of Biscayne Bay. See the incredible homes of the rich & famous.

Date: Tuesday, June 22

Time: 9:30 a.m. - 5:00 p.m.

Cost: Members \$32/ Guests \$34 Call for availability

JULY TRIPS

Tickets on Sale:

Members Friday, June 4, Non-Members Friday, June 11

Festival Flea Market

Enjoy the cool indoors, while shopping at one of the best markets around. Lunch is on your own.

Date: Thursday, July 8

Time: 10:00 a.m. - 3:00 p.m.

Cost: Members \$2 / Non-Members \$4

Calder Race Track- Enjoy live race racing at its finest.

Date: Monday, July 19

Time: 11:45 a.m. - 6:00 p.m.

Cost: Members \$3 / Non-Members \$5

"Calling all Grandparents..." Marlins vs. Phillies

Join us for this intergenerational celebration...we are inviting our seniors to purchase a ticket for their grandchild (age seven and up) to enjoy an evening of fun. Together, cheer on our World Series Champs. Members may purchase a maximum of two guest tickets per Senior Center membership. (One for their grandchild and one for the child's guardian if they wish to attend.) Parental permission forms will be required for all youth participants.

Date: Tuesday, July 27

Time: 4:45 p.m. - 10:00 p.m.

Cost: Members \$15 / Non-Members \$17

AUGUST TRIPS

Tickets on Sale:

Friday, July 9, Non-Members Friday, July 16

Marlins vs. Cardinals

Come root for your home team. Enjoy America's all time favorite game.

Date: Thursday, August 12

Time: 4:45 p.m. - 10:00 p.m.

Cost: Members \$15 / Non-Members \$17

Calder Race Track

Pick your favorite horse to win, place or show.

Date: Monday, August 16

Time: 11:45 a.m. - 6:00 p.m.

Cost: Members \$3 / Non-Members \$5

Mai Kai

Start the evening off with a delicious dinner followed by a Native Polynesian show. Enjoy an unforgettable experience through the South Seas with spectacular costumes, a Samoan fire knife dancer, hula dancers & much more.

Date: Wednesday, August 25

Time: 4:00 p.m. - 9:00 p.m.

Cost: Members \$38 / Non-Members \$40



Sunrise Senior Center
10650 W. Oakland Park Blvd.
Sunrise, FL 33351

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*The Senior Center will be closed
Monday, July 5, in observance of Independence Day.*